

NON-GLUTEN DIETARIES MAP

At The Championships we are committed to ensuring that there are a range of dining options for those with gluten intolerances and allergies.

We have a wide variety of Non-Gluten Containing Ingredients (NGCI) dishes and items available throughout the Grounds. If you have a food allergy or intolerance, please speak to a member of the Food and Drink team and inform them of your dietary needs before you order.

NGCI Dishes and Locations

- Aged Dingley Dell Pork Eye Rib **J**
- Baked Cod Fillet **H**
- Bitter Leaf Salad **D I**
- British New Potatoes **D I**
- Chicken Caesar Wrap **A C F G H L**
- Chilled Cauliflower Velouté **I**
- Cold Smoked Chalk Stream Trout **D**
- Cured Chalk Stream Trout **I**
- Cured Chalk Stream Trout Poke **E**
- Feta & Watermelon Salad **A C F G L**
- Fowey Mussels **I**
- Fresh Fruit Pots **H**
- Freshly Battered Haddock & Chips **E**
- Fried Artichokes & Roasted Cauliflower **D I**
- Fried Crispy Rice, Mango & Nigella Sauce **B**
- Fried Crispy Rice, Tomato & Wimbledon Strawberry Aji **B**
- Gower Chocolate Brownie **D**
- Grilled Crevettes **J**
- Harissa Roasted Carrots **H**
- Heritage Beetroot & New Potato **H**
- Hot Smoked Trout, New Potatoes & Samphire Salad **A C F G L**
- Isle of Wight Tomatoes **D**
- Miso Roasted Tofu Poke **E**
- Mixed Leaf Salad **H**
- North Atlantic Smoked Haddock Fishcake **D**
- Penne Pasta **K**
- Poached Chalk Stream Trout **H**
- Red Pepper & Spring Onion Tortilla **H**
- Roasted Black Bream **I**
- Roasted Half Chicken **H**
- Seasoned Skin on Fries **B**
- Seared Wild Venison **J**
- Spice Roasted Cauliflower Shawarma **H**
- Spinach & Pine Nut Falafel Flatbread **A C F G H L**
- Spinach, Pea & Mint Tortilla **H**
- Stuffed Courgette **H**
- Summer Salad **D I**
- Sutton Hoo Chicken **J**
- Tamari Watermelon **J**
- Tandoori Chalk Stream Trout **J**
- Teriyaki Chicken Poke **E**
- Tomato & Feta Tortilla **D H**
- Vegan Smoked Cheese, Celery Salad with Apple Mayo on NGCI Seeded Bloomer **A C F G H L**
- Whole Monkfish Tail **I**
- Wimbledon Strawberries & Cream **A C D F G H I J L**

Food allergen and dietary information is compiled using data obtained from our approved suppliers. Please utilise the QR Codes at your dining location to get further allergen and dietary information. Our busy kitchens endeavour to take all reasonable steps to avoid any risk of cross contact, however we cannot guarantee that our food is 100% free from a specific allergen. If you have any concerns, please speak to a member of the Food and Drink team.

